

# RAE SPOON EPK

Rae Spoon is one of the most important musicians working in Canada today

[nowtoronto.com](http://nowtoronto.com)

*The mark of a gifted songwriter is the ability to create the most emotion with the fewest notes. Rae Spoon is a master of restraint, conveying both hope and hurt at once through simple melodies, a skill that led to their Polaris Music Prize nomination for 2013's My Prairie Home.*

[exclaim.ca](http://exclaim.ca)

Rae Spoon is an award-winning nonbinary musician and author. They have released nine solo albums spanning folk, indie rock and electronic genres and have toured across Canada and internationally. Rae was the subject and composer of the score for the National Film Board-produced musical-documentary My Prairie Home, which premiered at Sundance Film Festival in 2014. Rae owns and runs an indie record label called Coax Records that has released over twenty albums by Canadian and international artists. They have been nominated for two Polaris Prizes, a Lambda Literary Award and a Western Canadian Music Award.

Rae Spoon's bodiesofwater comes out on the twentieth anniversary of the first show Spoon ever played, and ten years after the release of their break-out album superiorityouareinferior. As a non-binary person, Rae is no stranger to having an identity that doesn't fit societal and legal structures. Like bodies, water is regulated and increasingly commodified, despite being fundamental to life. On this, Spoon's ninth album, they explore their common ground and connections with the ocean surrounding their Vancouver Island home.

Rae's first book, First Spring Grass Fire, was published by Arsenal Pulp Press in 2012. The book was a finalist for a Lambda Award in the Transgender Fiction category and was shortlisted for an Expozine Alternative Press Award. In the spring of 2014, Rae was awarded a Honour of Distinction by the Dayne Ogilvie Prize, presented by the Writers' Trust of Canada. Rae's second book, co-written with Ivan E. Coyote and titled Gender Failure, was published in 2014. Gender Failure was on the 2015 Over The Rainbow Reading List and was translated into German. In 2017, Rae also published a manual in the How To Series called: How To (Hide) Be(hind) You Songs detailing their philosophies on music composition.

## LISTEN TO

2018



bodiesofwater  
on Bandcamp

## PHOTOS



## MUSIC VIDEOS



DO WHATEVER THE HECK YOU WANT



I HEAR THEM CALLING

## LIVE VIDEOS



FOR THE KILL



TRY AGAIN AT EVERYTHING

## CONTACT

BOOKINGS & RECORD LABEL  
[coaxrecords@gmail.com](mailto:coaxrecords@gmail.com)

PUBLICITY  
[kb@killbeatmusic.com](mailto:kb@killbeatmusic.com)

WEBSITE  
[www.raespoon.com](http://www.raespoon.com)

LABEL WEBSITE  
[www.coaxrecords.com](http://www.coaxrecords.com)

## STAGE PLOTS

Solo  
With band on request at  
[coaxrecords@gmail.com](mailto:coaxrecords@gmail.com)

## FULL PRESS KIT

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